



Affirmations
for
kids



I AM STRONG
I AM BRAVE
I AM SMART
I AM CONFIDENT

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Affirmations
for
kids

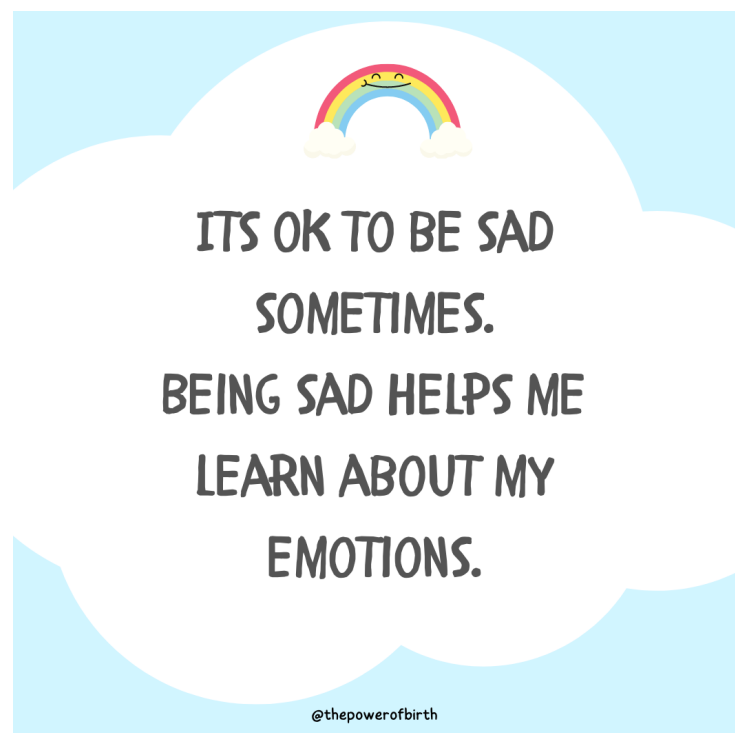


I AM LOVED
I AM SAFE
I AM HAPPY
I AM WORTHY

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Affirmations
for
kids




ITS OK TO BE SAD
SOMETIMES.
BEING SAD HELPS ME
LEARN ABOUT MY
EMOTIONS.

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I CAN DO
ANYTHING WHEN
I BELIEVE IN
MYSELF

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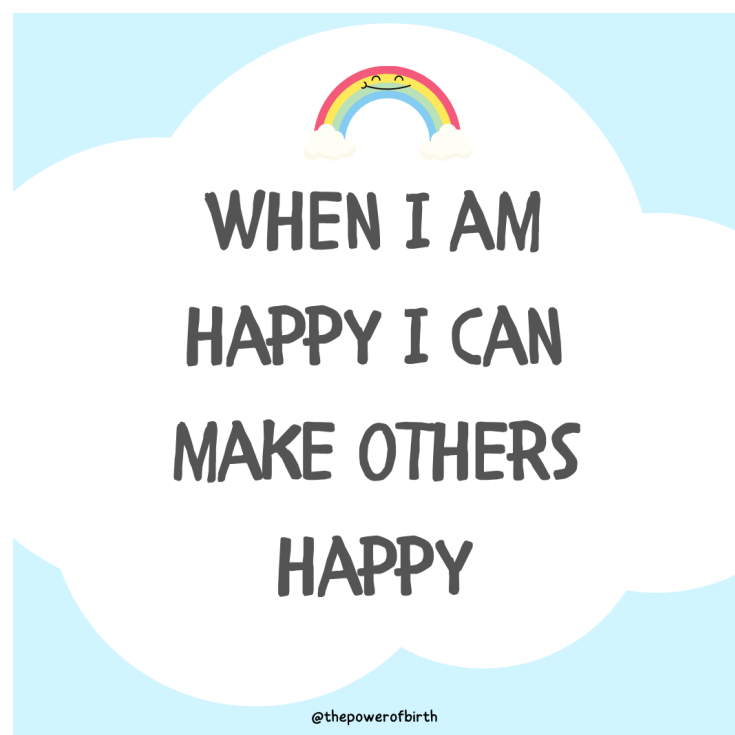
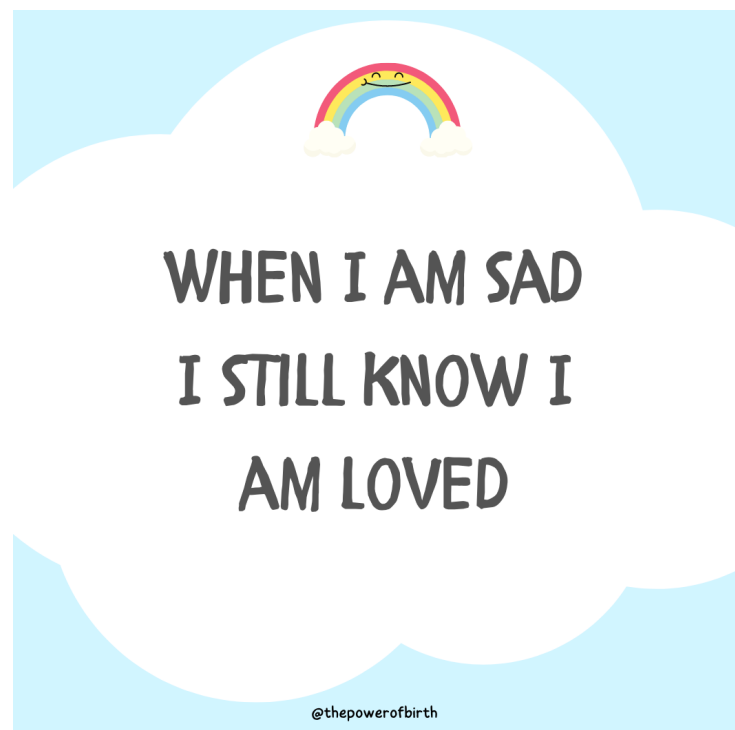
I AM TRYING
MY BEST EVEN
WHEN I DON'T
FEEL LIKE IT

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I ACCEPT
MYSELF,
ALWAYS

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